Quick Start Guide - WiFi

1. Screw a camera tripod into 1/4in connector
2. Plug Headphones into USB Audio jack
3. Connect Power Supply and turn on
4. Wait a minute for the Ajna WiFi
5. Connect your phone, tablet, or laptop to WiFi Access Point AjnaLamp-xxxxxxx
6. Enter WiFi AP password **pineal777**
7. Use a browser to enter URL **al.com**
8. Touch the Play icon in the home page
9. Select the light sequence you want
10. Select the music you want. The playlist can be up to 10 songs. As you select music, it is previewed, and the green triangle shows. Touch it to start or stop
11. Use a comfortable light intensity, 10-30%
12. When ready, sit or lie down with the Ajna Lamp LEDs directed at your forehead using tripod to position Lamp
13. Touch the play button, close your eyes
14. Touch the red Shutdown button and confirm shutdown before removing power

**Warning:** do not use if epileptic or on anti-psychotic drugs
Quick Start Guide - Ethernet

1. Screw a camera Tripod into 1/4inch connector
2. Plug Headphones into the USB Audio socket
3. Plug ethernet cable into Lamp ethernet port and connect it to your router. Use an ethernet switch if you need more ports
4. Connect Power Supply and turn on
5. Use a browser on your laptop or PC to enter the URL 192.168.1.111
6. Perform steps 8-13 as for WiFi

Make sure to use a surge protector, or a UPS to protect the Light computer and power adapter.

Neuro Light Warranty:
The warranty is for one year from the date of purchase. If any component fails during this time, please send an email to guyharriman@gmail.com explaining the problem. You will need to pay for postage to Thailand but the repair and return postage will be covered by the warranty. The Neuro Lamp is a computer, you must shut it down like a desktop computer. Touch the red shutdown icon in the browser, and wait for countdown from 3 to 0 before removing power to protect the SD card in the Lamp. Failure to shutdown properly is not covered by the warranty.